

GUIDELINES FOR Therapeutic Massage LICENSURE WITHIN DHCC

Licensure:

In addition to licensure requirements as per the “Application for Massage License”, each licensure applicant must meet all of the following education and training per category:

For Massage Therapist Licensure

- a) The applicant will have graduated from a recognized massage therapy training program that is approved as a state or country licensed educational institution to provide massage therapy and/or bodywork in the state or country in which it is located; **AND**
- b) The program shall offer a full-time didactic curriculum in massage therapy that consists of at least 500 clock hours of classes. It should include 125 in-class clock hours in anatomy and physiology, 200 in-class clock hours in massage and/or bodywork assessment, theory and application, 40 in-class clock hours in pathology, 10 in-class clock hours in business and ethics; and 125 in-class clock hours in an area or related field that completes the massage program of study; **AND**
- c) The educational program should include a clinical curriculum that offers both clinical instruction and direct patient contact; **AND**
- d) Any qualified person who has graduated from a recognized Massage training program as outlined above must also be licensed in the countries of practice, current in certification from DHCC for emergency medical procedures (e.g. cardio-pulmonary resuscitation (CPR)); **AND**
- e) Full-time Massage practice experience as a Licensed Massage practitioner of at least 5 years post-certification; **AND**
- f) Applicants must have a personal interview.

Types of CAM Therapeutic Massage Approved in DHCC

- a) Acupressure.
- b) Alexander technique.
- c) Aromatherapy.
- d) Ayurvedic Massage Therapy.
- e) Bowen Technique.
- f) Deep tissue Massage.
- g) Feldenkrais Method.
- h) Lymphatic Massage - Lymph Drainage Therapy (LDT)
- i) Reflexology.
- j) Rolfing.
- k) Shiatsu.
- l) Sports Massage.
- m) Swedish Massage.
- n) Therapeutic Touch.
- o) Traditional Chinese Medicine Massage (Tui na)
- p) Traditional Thai Massage.

Recognized Training Programs and Associations

- q) American Massage Therapy Association.
- r) Australian Association of Massage Therapists – Australia.
- s) Ayurvedic Practitioners Association – United Kingdom.
- t) Canadian Massage Therapist Alliance – Canada.
- u) Feldenkrais Education Foundation – International.
- v) International Thai Therapists Association – International.
- w) ITECH accredited training program – United Kingdom.
- x) National Certification Board for Therapeutic Massage and Bodywork – United States.

Re- License

- a) Continuous Education requirement of fifteen (15) accredited hours within the last two (2) years. Of these 15 hours, 10 hours shall be in the area of Massage and 5 shall be in the area of general medicine.

Please note: Evidence of malpractice insurance is required before a license can be issued, make sure to provide the licensing department with a copy of your insurance policy whenever applicable.

For further information on the licensing procedure please contact:

The CAM Team

Email: Complementary.medicine@cpq.dhcc.ae
Telephone no: +9714 362 2746 / +9714 3752368
Fax: +9714 362 4770