

GUIDELINES FOR Tai Chi LICENSURE WITHIN DHCC

Licensure:

In addition to licensure requirements as per the “Application for Tai Chi License”, each licensure applicant must meet all of the following education and training per category:

For Tai Chi Instructor Licensure

- a) General Bachelor's degree from a recognized and accredited University; **AND**
- b) The institution that offers the Tai Chi education program shall be accredited as an institution of higher education by the country or state in which it is based; **AND**
- c) The Tai Chi training program and workshop hours shall be at least 300 classroom/practical hours and include: at least one course in anatomy and one course in physiology, one course in the therapeutic application of Tai Chi and supervised instruction; **AND**
- d) Tai Chi instruction should include both sections of the Yang short form, Chi Kung (Gung) exercises and principles, and the martial applications of the Tai Chi form. Applicants should be familiar with one Tai Chi weapon form, One and Two hands push forms, and one Kung Fu form; **AND**
- e) All Licensees must be current in certification from DHCC for emergency medical procedures (e.g. cardio-pulmonary resuscitation (CPR).); **AND**
- f) Full-time Tai Chi practice/teaching including therapeutic Tai Chi experience of at least 3 years; **AND**
- g) All Applicants must have a personal interview.

Recognized Training Programs and Associations

- a) Institute of Integral Qigong and Tai Chi – United States
- b) European Tai Chi Associations –International.
- c) United Tai Chi Association – United States.

Re- License

- a) Continuous Education requirement of fifteen (15) accredited hours within the last two (2) years.

Please note: Evidence of malpractice insurance is required before a license can be issued, make sure to provide the licensing department with a copy of your insurance policy whenever applicable.

For further information on the licensing procedure please contact:

The CAM Team

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